

CHUNG CHENG HIGH YISHUN SEC 3 CAMP 2023							
Class:	3A	3E	3B	3F	3C	3G	3H
Time	DAY 1 WED 08 MAR 2023						
0730 - 0800h	Assemble in school / Admin Matters & Attendance Taking						
0800 - 0830h	Camp Opening by Principal Camp & Safety Briefing						
0830 - 1000h	Kayaking	Kayaking	Outdoor Cooking P1 - Plan & Procure	Outdoor Cooking P1 - Plan & Procure	Teambuilding Games	Low Elements Challenge	Archery Tag
1000 - 1200h			Outdoor Cooking P2 - Prep & Present	Outdoor Cooking P2 - Prep & Present	Low Elements Challenge	Teambuilding Games	Basic First Aid
1200 - 1300h	CATERED LUNCH						
1300 - 1500h	Outdoor Cooking P1 - Plan & Procure	Outdoor Cooking P1 - Plan & Procure	Kayaking	Kayaking	Archery Tag	Basic First Aid	Teambuilding Games
1500 - 1700h	Outdoor Cooking P2 - Prep & Present	Outdoor Cooking P2 - Prep & Present			Basic First Aid	Archery Tag	Low Elements Challenge
1700 - 1800h	Personal Wash Up & Admin Time				Reflections & Group Discussion		
1800 - 1900h	Reflections & Group Discussion				Personal Wash Up & Admin Time		
1900 - 2000h	CATERED DINNER						
2000 - 2130h	Campfire Preparation				Domino Challenge		
2130 - 2200h	Daily Debrief Night Snack						
2200h	Lights Out / Overnight in School						

CHUNG CHENG HIGH YISHUN SEC 3 CAMP 2023							
Time	DAY 2 THU 09 MAR 2023						
Class:	3A	3E	3B	3F	3C	3G	3H
0645 - 0715h	Wake Up & Wash Up						
0715 - 0730h	Attendance Taking Admin Matters						
0730 - 0830h	CATERED BREAKFAST						
0830 - 1000h	Teambuilding Games	Low Elements Challenge	Archery Tag	Basic First Aid	Kayaking	Kayaking	Outdoor Cooking P1 - Plan & Procure
1000 - 1200h	Low Elements Challenge	Teambuilding Games	Basic First Aid	Archery Tag			Outdoor Cooking P2 - Prep & Present
1200 - 1300h	CATERED LUNCH						
1300 - 1500h	Archery Tag	Basic First Aid	Teambuilding Games	Low Elements Challenge	Outdoor Cooking P1 - Plan & Procure	Outdoor Cooking P1 - Plan & Procure	Kayaking
1500 - 1700h	Basic First Aid	Archery Tag	Low Elements Challenge	Teambuilding Games	Outdoor Cooking P2 - Prep & Present	Outdoor Cooking P2 - Prep & Present	
1700 - 1800h	Reflections & Group Discussion				Personal Wash Up & Admin Time		
1800 - 1900h	Personal Wash Up & Admin Time				Reflections & Group Discussion		
1900 - 2000h	CATERED DINNER						
2000 - 2130h	Domino Challenge				Campfire Preparation		
2130 - 2200h	Daily Debrief Night Snack						
2200h	Lights Out / Overnight in School						

CHUNG CHENG HIGH YISHUN SEC 3 CAMP 2023							
Time	DAY 3 FRI 10 MAR 2023						
0645 - 0715h	Wake Up & Wash Up						
0715 - 0730h	Attendance Taking Admin Matters						
0730 - 0830h	CATERED BREAKFAST						
0830 - 1000h	Cohort Resilience Trek Part 1						
1000 - 1200h							
1200 - 1300h	CATERED LUNCH @ Designated Locations						
1300 - 1500h	Cohort Resilience Trek Part 2						
1500 - 1700h	Trek Finale Challenge						
1700 - 1800h	Reflections & Group Discussion			Personal Wash Up & Admin Time			
1800 - 1900h	Personal Wash Up & Admin Time			Reflections & Group Discussion			
1900 - 2000h	CATERED DINNER						
2000 - 2130h	Campfire Night!						
2130 - 2200h	Daily Debrief Night Snack						
2200h	Lights Out / Overnight in School						
Time	DAY 4 SAT 11 MAR 2023						
0645 - 0715h	Wake Up & Wash Up						
0715 - 0730h	Attendance Taking Admin Matters						
0730 - 0830h	CATERED BREAKFAST						
0830 - 1000h	Dragonboating Cohort Challenge @ Lower Seletar Reservoir						
1000 - 1130h							
1130 - 1200h	Camp Closing Prize Presentation						
1200h	Break Camp / Dismissal from School						