

2023 LBC for Sec. 4&5							
Secondary 4 & 5							
Period	Time	Wed, 8 March		Thu, 9 March			Fri, 10 March
		4A,B,C, 5NA	4E,F,G,H	4A,B,C	5NA	4E,F,G,H	4A,B,C,E,F,G,H 5 NA
0	0725-0800	Morning Assembly & Briefing					
1	0800-0830	Personal Effectiveness	Travel to Lifelong Learning Institute	Travel to Lifelong Learning Institute	Sc Practical Exam Skills	Personal Effectiveness Workshop	Reflections + Breakfast
2	0830-0900				Sc Practical Exam Skills		
3	0900-0930		ECG @ Lifelong Learning Institute	ECG @ Lifelong Learning Institute	Rattan Weaving		Amazing Time Together ~ Being Positive influencers @ Sentosa
4	0930-1000						
5	1000-1030						
6	1030-1100						
7	1100-1130						
8	1130-1200	Personal Effectiveness	ECG @ Lifelong Learning Institute	ECG @ Lifelong Learning Institute		Personal Effectiveness Workshop	
9	1200-1230						
10	1230-1300						
11	1300-1330						
12	1330-1400	[Sec. 5 to be dismissed at 1330]	Travel to CCHY & Lunch Break	Travel to CCHY , Debriefing & Dismissed	VIA Preparation Departure time to ASH at 1330		
13	1400-1430						
14	1430-1500						
15	1500-1530						
16	1530-1600						
17	1600-1630						
18	1630-1700						
19	1700-1730						